

▣ Personal Spending Account

Eligible Personal Spending Account (PSA) expenses include the following:

Physical Activity

- Sports and/or Fitness-related club (i.e., archery, riding, etc.), resort (i.e., ski, golf, etc.), annual park memberships
- Personal training, consultation
- Recreational program, classes, team registration fees
- Recreational, individual event pass, registration or fees
- Gym, fitness centre, pool annual memberships
- Home exercise equipment (new or used)
- Fitness equipment
- Sports equipment
- Bicycle (manual)
- Heart rate monitor
- Athletic accessories
- Wii Fit or Xbox Kinect, PlayStation Fitness (entertainment system NOT included)
- Fishing equipment

Family Care

- Child care
- Elder care
- Homecare assistance services and products (lifts, supportive aids)
- Caregiver support programs and services

Healthy Living

- Safety equipment (i.e. aids for daily living)
- Nutritional counseling
- Health assessment and testing
- Weight loss programs and counseling (excluding food)
- Smoking cessation products
- Vitamins, supplements, natural products
- Maternity services (pre-natal classes and mid-wife services)
- Stress management programs
- Medical tests
- Vaccinations (i.e., related to out-of-country travel)
- Alternative health practitioners such as reflexologists, iridologists, homeopaths, Chinese medicine, and Shiatsu therapists
- Holistic health services

Non-Health Professional Services

- Legal services
- Financial services

Insurance Premiums

- Individual health and dental plan
- Individual life and disability plan
- Individual travel insurance plan
- Individual critical illness plan

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Personal Development

- Hobby and general interest classes
- Education fees for eligible career-related educational courses, programs and seminars, tuition, books.
Note:
 - Continuing education classes for courses, seminars, conferences offered by an accredited institution and which are relevant to your current position and/or career in DGSi
 - Reimbursement is contingent upon the student earning a passing grade that is accepted by the accredited institution for the credit or confirmation of satisfactory completion of the course from the accredited institution when a course is not graded
 - An employee will not be eligible for tuition reimbursement if they withdraw from an approved course or if the approved course is canceled
 - An employee will not receive tuition reimbursement if they terminate employment prior to completion of an approved course
- Training, classes, tutoring, language, Standard First Aid, CPR
- Professional designation and membership fees and/or dues
- Personal computer and accessories
- Music equipment